

PICTURE MY HEALTH, LLC

Thermography, the safe way to screen

Breast Thermography Confidential Questionnaire

Name: _____ DOB: _____ PT ID# _____

All information given in the questionnaire will remain strictly confidential and will only be divulged to the reporting thermologist and any other practitioner that you specify.

- | | YES | NO |
|---|--------------------------|--------------------------|
| 1. Do you have any close relative who has had breast cancer?
<i>If yes, who?</i> _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Have you ever been diagnosed with breast cancer? <i>If yes, see back.</i> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Have you ever been diagnosed with any other breast conditions? <i>If yes, see back.</i> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Have you had any biopsies or surgeries to your breasts? <i>If yes, see back.</i> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Have you had any breast cosmetic surgery or implants? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you had a mammogram in the past 12 months? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Have you had a mammogram in the past 5 years? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Have you had abnormal results from any breast testing? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Have you ever taken a contraceptive pill for more than 1 year? | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Have you suffered with cancer of the Cervix, Uterus or Ovaries? | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Have you had pharmaceutical hormone replacement therapy? | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Do you have an annual physical examination by a doctor? | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Do you perform a monthly breast self exam? | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. How many mammograms have you had in total? (a good estimation is ok) _____
Date of your last mammogram: (mm/yyyy) _____ Were results normal? | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. What was your age when you had your first mammogram? _____ | | |
| 16. How many births have you had? _____ Your age at birth of first child: _____ | | |
| 17. Did your periods start before the age of 12? YES / NO Or finish after the age of 50? YES / NO | | |
| 18. Do you smoke? YES / NEVER / NOT IN LAST 12 MONTHS / NOT IN LAST 5 YEARS | | |

Recently had any of these breast symptoms: **Right Breast** **Left Breast**

- | | | |
|---------------------------------------|--------------------------|--------------------------|
| Pain? | <input type="checkbox"/> | <input type="checkbox"/> |
| Tenderness? | <input type="checkbox"/> | <input type="checkbox"/> |
| Lumps? | <input type="checkbox"/> | <input type="checkbox"/> |
| Change in breast size? | <input type="checkbox"/> | <input type="checkbox"/> |
| Areas of skin thickening or dimpling? | <input type="checkbox"/> | <input type="checkbox"/> |
| Secretions of the nipple? | <input type="checkbox"/> | <input type="checkbox"/> |

PATIENT DISCLOSURE

I understand that the Report generated from my images is intended for use by trained health care providers to assist in evaluation, diagnose and treatment. I further understand that the Report is not intended to be used by individuals for self-evaluation or self-diagnosis. I understand that the Report will not tell me whether I have any illness, disease, or other condition but will be an analysis of the Images with respect only to the thermographic findings discussed in the Report. In order to obtain an accurate baseline pattern, Picture My Health, LLC requires a three month follow up thermography. The purpose of the three month comparison is to establish the baseline pattern for which all future thermograms are compared to monitor stability. By signing below, I certify that I have read and understand the statements above and consent to the examination.

Disclaimer: Picture My Health, LLC does not claim thermography replaces mammography.

Signature: _____ Today's Date: _____

Extended Breast Questionnaire

Name: _____ DOB: _____ PT ID#: _____

Diagnosed with breast cancer:

Cancer type: Metastatic Local Lymph node involvement

When diagnosed: Month Year

Where (left breast): UO UI LO LI Nipple

Where (right breast): UO UI LO LI Nipple

Treatment: Surgery Chemo Radiation Other None

Breast biopsies or surgery:

Where (left breast): UO UI LO LI Nipple

Where (right breast): UO UI LO LI Nipple

Diagnosed with other breast disease:

Disease type: Fibrocystic Cystic Mastitis Abscess Other (please describe below)