

Picture of Health - Patient Information Sheet

Full Body or Region of Interest Health Screening with Digital Infrared Thermal Imaging (Thermography)

Purpose of test:

- Determine the cause of pain.
- Evaluate sensory-nerve irritation or significant soft-tissue injury.
- To define a previously diagnosed injury or condition.
- To identify an abnormal area for further diagnostic testing.
- For early detection of lesions.
- To monitor progress of healing and rehabilitation.
- To provide objective evidence.

Patient Preparation:

- Do not have physical therapy or electromyography or use a tanning booth on the same day as your thermography appointment.
- Do not have acupuncture treatment within 3 days of appointment.
- Activity – Do not smoke for 2 hours before the test, do not use lotions, powders or liniments on the day of the test,
- If your hair falls below your neck you should wear it clipped or pinned up.
- Do not shave on the day of the test.
- Avoid sun exposure on the day of the test.
- Attire – Loose fitting clothes and no jewelry around the neck.
- No changes necessary for diet or medication.

General Information:

- Procedure is: non-invasive, no-contact, no radiation and FDA Approved.
- Disrobing – remove all clothing and jewelry. Put on a gown or sarong that is supplied. Inform your thermographer if you had any recent skin lesions on your body; the inflammation can cause a false positive result.
- Thermography is performed by a certified clinical thermographer.
- Average time for the procedure is 15-20 min. for one region, 45 min. for full body.

Please bring the name and address of your healthcare provider so we can send him/her a copy of your report.

We gladly accept VISA, MC or personal check.

You are welcome to bring a companion or partner to be present during the scan.